



Online Person-Centred Emergency Preparedness (P-CEP) Facilitator Certificate Course

Expression of Interest

Want to learn how to facilitate person-centred emergency preparedness?

Person-Centred Emergency Preparedness (P-CEP) Education is now being offered through The University of Sydney, Centre for Continuing Education, as a self-paced, online short course. You can read more about the course on the next page.

The P-CEP Short Course is led by Associate Professor Michelle Villeneuve and her team at the Centre for Disability Research and Policy. It was co-developed with people with disability, the services that support them, and emergency personnel and evaluated for its effectiveness.

The P-CEP short course is currently being offered for free, with access to the course being granted following review of your completed EOI form. Learners who are willing and interested to put P-CEP into action following the program will be prioritised. These learners will receive follow up support from The University of Sydney who are learning with communities about the enablers and facilitators to embedding P-CEP into practices of multiple stakeholders.

Expressions of Interest to take part in this learning opportunity are now open.

Register your interest today by visiting:

<https://redcap.sydney.edu.au/surveys/?s=7HTDRKKKCNLDNH4A>

If you have any questions regarding this short course, please contact Parvathi Subramaniam at psub0487@uni.sydney.edu.au

A close-up photograph of a person's hand pointing to a colorful diagram on a document. The diagram features various icons and text boxes, likely related to emergency preparedness. The background is slightly blurred, showing other documents and a person's shoulder.

About the Course

WHAT IS PERSON-CENTRED EMERGENCY PREPAREDNESS (P-CEP)?

Co-designed and tested with people with disability, Person-Centred Emergency Preparedness (P-CEP) enables people to self-assess their preparedness, capabilities and support needs and develop a personal emergency plan for how they will: (a) manage their support needs in emergencies; and (b) act together with their support network before, during, and after a disaster. P-CEP focuses on function (not impairments), local community assets, and cross-sector collaboration as the basis for removing barriers that increase risk for people with disability and other groups at greater risk in emergencies. P-CEP emphasises the capabilities of people with disability and the roles of multiple stakeholders in reducing disaster risk, consistent with Australia's national Emergency Management and Disability Strategies.

COURSE CONTENT & STRUCTURE

- This course is delivered **Online**. It consists of **6 self-paced, online modules** accessed via a Learning Management System (Canvas), and **1 optional online session** held via Zoom that equip learners with the necessary background knowledge and facilitation skills to implement P-CEP within their existing roles and communities.
- Participation in online modules requires **reading, watching, and listening** to course content, posting **discussion board posts**, and responding to the posts of others and completing an ungraded **implementation plan**.
- On average, the short course takes learners **approximately 15 hours** to complete, at your own pace. Participants will have access to the course for **4 weeks**.
- The P-CEP short course is currently being offered for **free**, with access to the course being granted following review of your completed EOI form. Learners who are willing and interested to put P-CEP into action following the program will be prioritised. These learners will receive follow up support from The University of Sydney as a key part of our research into the early implementation of P-CEP.
- Participants will receive a **certificate of completion** from The University of Sydney when they complete the course requirements.

WHO SHOULD TAKE THE P-CEP SHORT COURSE?

This course is suitable for anyone who would like to learn **how** to facilitate person-centred emergency preparedness. This includes:

- **Service providers** who provide services and support to people with disability, chronic health conditions and other people at greater disaster risk (e.g., aged care; housing/homelessness services)
- **Disability advocates** who advocate for inclusion and support of people with disability everyday
- **Emergency services staff and volunteers** who work with their communities to make sure people understand their risk and take preparedness actions
- **Council community engagement and emergency management staff, community resilience and disaster recovery workers** who plan for community resilience, emergencies and disaster recovery
- **People with disability and carers** who are interested in learning more about P-CEP to advance their own plans should also consider completing the EOI so that we can share more information with you about this opportunity and other P-CEP Peer Education and Leadership programs.



Learning Objectives

1 INTRODUCTION TO DISABILITY, DISASTERS AND PERSON-CENTRED EMERGENCY PREPAREDNESS

This module provides you with essential pre-requisite knowledge to understand the issues faced by people with disabilities in disasters. Upon completing this module you will:

1. **Become aware of and understand** the disproportionate risks experienced by people with disabilities and the current legislative context relating to people with disabilities and disasters.
2. **Recognise** the importance of person-centred approaches to enable emergency preparedness and improve outcomes for people with disabilities in disasters.

2 P-CEP STEP 1 – UNDERSTANDING EVERYDAY STRENGTHS AND SUPPORT NEEDS

This module covers Step 1 of the Person-Centred Emergency Preparedness (P-CEP) process. Upon completing this module you will:

1. **Explain** the role of P-CEP Step 1 in enabling equitable access to emergency preparedness for people with disability.
2. **Understand** the value and utility of the Capability Wheel as a tool to self-assess capabilities and support needs.
3. **Know and use** effective strategies to start person-centred emergency preparedness conversations with individuals and in group settings.
4. **Recognise** the importance of informal and formal social support networks as a critical component of person-centred emergency preparedness planning.
5. **Practice** P-CEP Step 1 on yourself and then with others to develop confidence and facilitation skills at Step 1 of P-CEP.

3 P-CEP STEP 2 – SELF-ASSESSING LEVEL OF PREPAREDNESS AND LEARNING ABOUT DISASTER RISK

This module covers Step 2 of the Person-Centred Emergency Preparedness (P-CEP) process. Upon completing this module you will:

1. **Know and use** effective strategies to support genuine self-assessment of preparedness for emergencies.
2. **Understand and explain** the different roles and levels of responsibility of individuals, organisations and governments have before, during, and after emergencies.
3. **Use** the capability wheel to enable individuals to self-assess the impact of emergencies on preparedness, response, and recovery and what that means for future preparedness planning.
4. **Facilitate** linkages between individuals and emergency information, people and resources to support tailored emergency preparedness matched to support needs.
5. **Practice** P-CEP Step 2 on yourself and then with others to develop confidence and facilitation skills at Step 2 of P-CEP.

4 P-CEP STEP 3 – MAKING A PLAN TO MANAGE IN AN EMERGENCY

This module covers Step 3 of the Person-Centred Emergency Preparedness (P-CEP) process. Upon completing this module you will:

1. **Enable** tailored emergency preparedness planning matched to support needs including:
 - **Identify** priority areas for preparedness actions
 - **Match** local hazard risks to preparedness planning
 - **Leverage** strengths and capabilities to increase preparedness
 - **Anticipate** challenges that may arise during emergencies and create a plan to address them.
2. **Develop** a suite of tips and strategies to collaboratively make a plan that fits the individual.
3. **Practice** P-CEP Step 3 on yourself and then with others to develop confidence and facilitation skills at Step 3 of P-CEP.

5 P-CEP STEP 4 – COMMUNICATING THE PLAN TO THE SUPPORT NETWORK AND ADDRESSING GAPS THROUGH COLLABORATION

This module covers Step 4 of the Person-Centred Emergency Preparedness (P-CEP) process. Upon completing this module you will:

1. **Identify** key features of effective plans.
2. **Recognise** the critical importance communicating the plan with the individual's support network.
3. **Appreciate** the essential role of advocacy in enabling person-centred emergency preparedness.
4. **Practice** P-CEP Step 4 on yourself and then with others to develop confidence and facilitation skills at Step 4 of P-CEP.

6 IMPLEMENTING P-CEP IN THE COMMUNITY

This module supports you in developing an implementation plan for how you will bring P-CEP to your role, organisation and community.

Upon completing this module you will:

1. **Recognise** different ways of delivering of P-CEP and understand their related strengths and challenges.
2. **Reflect** on your current role and context to identify where and how P-CEP can be embedded.
3. **Identify and Anticipate** barriers and enablers that may influence your implementation of P-CEP and plan for how you might address and/or leverage these factors.
4. **Connect** with a larger community of practice of P-CEP facilitators.