

# PERSON-CENTRED EMERGENCY PREPAREDNESS (P-CEP) FACILITATOR TRAINING ONLINE SHORT COURSE : LEARNING OBJECTIVES

## 1 INTRODUCTION TO DISABILITY, DISASTERS AND PERSON-CENTRED EMERGENCY PREPAREDNESS

This module provides you with essential pre-requisite knowledge to understand the issues faced by people with disabilities in disasters. You will learn about the disproportionate risks experienced by people with disabilities, the current legislative context, and the importance of person-centred approaches to enable emergency preparedness and improve outcomes for people with disabilities in disasters.

## 2 P-CEP STEP 1 – UNDERSTANDING EVERYDAY STRENGTHS AND SUPPORT NEEDS

This module covers Step 1 of the Person-Centred Emergency Preparedness (P-CEP) process. Upon completing this module you will:

1. **Explain** the role of P-CEP Step 1 in enabling equitable access to emergency preparedness for people with disability.
2. **Understand** the value and utility of the Capability Wheel as a tool to self-assess capabilities and support needs.
3. **Know and use** effective strategies to start person-centred emergency preparedness conversations with individuals and in group settings.
4. **Recognise** the importance of informal and formal social support networks as a critical component of person-centred emergency preparedness planning.
5. **Practice** P-CEP Step 1 on yourself and then with others to develop confidence and facilitation skills at Step 1 of P-CEP.

## 3 P-CEP STEP 2 – SELF-ASSESSING LEVEL OF PREPAREDNESS AND LEARNING ABOUT DISASTER RISK

This module covers Step 2 of the Person-Centred Emergency Preparedness (P-CEP) process. Upon completing this module you will:

1. **Know and use** effective strategies to support genuine self-assessment of preparedness for emergencies.
2. **Understand and explain** the different roles and levels of responsibility of individuals, organisations and governments have before, during, and after emergencies.
3. **Use** the capability wheel to enable individuals to self-assess the impact of emergencies on preparedness, response, and recovery and what that means for future preparedness planning.
4. **Facilitate** linkages between individuals and emergency information, people and resources to support tailored emergency preparedness matched to support needs.
5. **Practice** P-CEP Step 2 on yourself and then with others to develop confidence and facilitation skills at Step 2 of P-CEP.



## 4 P-CEP STEP 3 – MAKING A PLAN TO MANAGE IN AN EMERGENCY

This module covers Step 3 of the Person-Centred Emergency Preparedness (P-CEP) process. Upon completing this module you will:

1. **Enable** tailored emergency preparedness planning matched to support needs including:
  - **Identify** priority areas for preparedness actions
  - **Match** local hazard risks to preparedness planning
  - **Leverage** strengths and capabilities to increase preparedness
  - **Anticipate** challenges that may arise during emergencies and create a plan to address them.
2. **Develop** a suite of tips and strategies to collaboratively make a plan that fits the individual.
3. **Practice** P-CEP Step 3 on yourself and then with others to develop confidence and facilitation skills at Step 3 of P-CEP.

## 5 P-CEP STEP 4 – COMMUNICATING THE PLAN TO THE SUPPORT NETWORK AND ADDRESSING GAPS THROUGH COLLABORATION

This module covers Step 4 of the Person-Centred Emergency Preparedness (P-CEP) process. Upon completing this module you will:

1. **Identify** key features of effective plans.
2. **Recognise** the critical importance communicating the plan with the individual's support network.
3. **Appreciate** the essential role of advocacy in enabling person-centred emergency preparedness.
4. **Practice** P-CEP Step 4 on yourself and then with others to develop confidence and facilitation skills at Step 4 of P-CEP.

## 6 IMPLEMENTING P-CEP IN THE COMMUNITY

This module supports you in developing an implementation plan for how you will bring P-CEP to your role, organisation and community. In this module you will explore different modes of delivery of P-CEP and understand their related strengths and challenges. You will also have the opportunity to connect with a larger community of practice of P-CEP facilitators.

