

Music plays in background. Sound of cicadas and birds chirping. The outline of a map of Australia is drawn.

Voiceover: I really believe we've finally found a way with disaster management, to have these conversations in a non-threatening way.

Sound of thunder and rain.

Cross fade between various images shown inside the map of Australia: an image of rain, an image shot from a car window of driving along a road by some trees and water, an image of people talking and listening, and an image of some people walking along a covered waterside platform.

Voiceover: Yes, they're difficult conversations, but I'm really excited to break it down and have this discussion around disaster management.

Cross fade between images of people talking and listening, superimposed over an image of a grassy landscape burning, inside the map of Australia. Sound of fire burning.

Music plays in the background. Sound of birds chirping.

The image pans across the map of Australia. It is coloured blue and highlights the state of Queensland. Location points appear and onscreen text reads: Gulf of Carpentaria, Weipa, Cairns, Townsville, Mt Isa, Mackay, Birdsville, Longreach, Rockhampton, Ipswich, Toowoomba, and Brisbane.

Onscreen text reads: Making Person-Centred Emergency Preparedness Plans.

Cross fade to image of Brisbane city, with block letters spelling the word 'Brisbane' over the river, inside the map of Queensland. A location point appears and onscreen text reads: Brisbane.

Voiceover: My name is Carol Nicol, and I started with the State Emergency Service in 1975.

Onscreen text reads: Carol, Brisbane.

Voiceover: People have to be aware. So whether it's the individual being aware, what they need to do or what can affect them, contact their support services prior to a disaster, so that come a Category 5 Cyclone, 'what do we do with guide dogs at evacuation centres?' This should be all be done in the planning prior to the actual event.

Cross fade to footage of Carol Nicol speaking to camera, onscreen text reads: Carol Nicol, Retired Disaster Management Advisor, Brisbane.

Cross fade between footage of Carol speaking to camera, Carol sitting in a room full of people, talking and listening, a cyclone blowing through some trees, an evacuation centre sign.

Carol Nicol: After each disaster, it's important to go back and look at what worked, what didn't work. But people have to be aware of what the residents and individual needs are.

Footage of Carol sitting in a room full of people, talking and listening, cuts to footage of Carol speaking to camera.

Music plays in background. Sound of cicadas, birds tweeting.

Cross fade to image of grey cloudy sky over some trees, appearing inside the map of Queensland. A location point appears, onscreen text reads: Ipswich.

Voiceover: My name is Peter Tully and with my wife Linda, we are local group convenors for the Ipswich group.

Onscreen text reads: Peter, Ipswich.

Peter Tully: With the DIDRR program, you will find out that it's broken down into sections.

Cross fade to footage of Peter Tully speaking to camera. Onscreen text reads: Disability Inclusiveness Disaster Risk Reduction (DIDRR); and: Peter Tully, QDN Convenor, Ipswich.

Cross fade to image of a page from the Person-Centred Emergency Preparedness (P-CEP) Workbook. There is an image of the workbook cover in the corner of the screen, and onscreen text reads: page 8, P-CEP Workbook.

Peter: Each topic should be considered in the context of: what I do, where I do it, who I do it with. The 8 topics are: Social Connectedness, Personal Support, Assistance Animals, Assistive Technology, Living Situation, Transportation, Management of Health, Communication.

Onscreen text and illustrations corresponding to Peter's voiceover are cycled through on the workbook page.

Peter: For example, Management of Health is the management of your condition. It asks you to consider things like: Where do I keep my health information and records? How do I manage and monitor my health and medical treatment? Where do I get and how do I manage my supplies? What health professionals and services do I rely on?

Onscreen text reads: page 13, P-CEP Workbook. Onscreen text and illustrations corresponding to Peter's voiceover appear on the workbook page.

Peter: Assistive Technology is the help you get from equipment. It asks you to consider: What assistive devices, technology, or equipment do I use? What power sources are needed to operate my equipment? What is required to maintain the equipment? Who helps me?

Onscreen text reads: page 14, P-CEP Workbook. Onscreen text and illustrations corresponding to Peter's voiceover appear on the workbook page.

Cross fade to footage of Peter speaking to camera.

Peter: Not everybody is going to have to be connected to all 8 topics. For someone like myself, I think as I went round the circle, I think I'm connected to 7 topics. But my wife Linda, when we went through the process last night, I think she was only connected to four or five topics.

Cross fade to an image of a workbook page.

Peter: Personal Support is the help I get from other people every day. It asks me to consider: Who helps me with my self-care/activities of daily living? What do they help me with and when do they help? How do I manage if and when they are unavailable?

Onscreen text reads: page 15, P-CEP Workbook. Onscreen text and illustrations corresponding to Peter's voiceover appear on the workbook page.

Peter: It's really important to just begin the conversation. If you begin the conversation, it's amazing where a conversation will lead. There's nothing wrong with starting a conversation and then going, 'Oh I'm not sure, I hadn't really thought about that.' You don't have to solve it all in one day, just start the conversation and see where it leads.

Cross fade to footage of people seated at tables in a large room, looking over the workbook, talking and listening, and then back to Peter speaking to camera.

Music plays in background.

Cross fade to image of dry grassy landscape with some trees inside the map of Queensland. A location point appears, onscreen text reads: Townsville.

Cross fade to onscreen text: Peter, Townsville.

Voiceover: Unless you've got lived experience, it's pretty hard to understand what the needs are, because everybody's different. We need people to be able to be person-centred to be able to make these plans around them but they just need assistance and the knowledge that they're going to be safe wherever they go.

Cross fade to footage of Peter Gurr speaking to camera. Onscreen text reads: Peter Gurr, QDN Convenor, Townsville. Cut to footage of Peter talking and listening to a group of people at a table and in a large function room, and back to footage of Peter speaking to camera.

Crossfade to footage of Carol Nicol speaking to camera.

Carol Nicol: Coming to a workshop like today and yesterday allows me to open my eyes up, being with a cross-section of the community who do have other disabilities different to mine.

Cut to footage of Carol speaking to a group of people in a large function room, and back to Carol speaking to camera.

Cut to footage of another woman, seated in front of a presentation on a projection screen, talking to people in the function room.

Voiceover: I wrote what I call my story. What skills do I have? What background do I have dealing with natural disasters and individual disasters? What have I got now, should, say a storm come and take the roof off my house and I had to leave? What have I got that's ready? What don't I have that I do need?

Sound of thunder. Cross fade to image of lightning in a grey sky.

Voiceover: And that was my starting point.

Cross fade back to footage of the woman speaking to people in the function room.

Voiceover: Well, a lot's changed since I last had that meeting about this topic so it's a really good time to sit down and go through it all again and just start from scratch really.

Cut to footage of another woman speaking to camera. Onscreen text reads: Sarah, Peer Group Member, Ipswich. Cross fade to image from the P-CEP Workbook, onscreen text reads: Page 8, P-CEP Workbook. Illustrations on screen accompanying a flow chart with text: Living Situation, Social Connectedness, Transportation, Assistive Technology, Management of Health, Personal Support, Communication, Assistance Animals.

Sarah: A lot has changed, there's more people in my life now, more support people. I'm on medication now that I wasn't before, and then there's my son with all the same issues. So, I think I just need to start from scratch, go through it all again.

Onscreen text cycles through headings: Social Connectedness, Personal Support, Management of Health. Accompanying illustrations appear. Cross fade back to footage of Sarah speaking to camera.

Voiceover: I never thought about it before, never gave it much thought, never even entered my mind. It really put some thoughts in my head but it also frightened me about how ignorant I was, to how I would cope.

Cut to footage of another woman speaking to camera. Cut to footage of the woman handling health equipment. Cross fade to image of dark, cloudy sky over some shrubs. Sound of thunder. Cross fade to image of burning tree, then footage of flames burning through grass and shrubs. Sound of fire burning.

Voiceover: You know, you think of external, but I hadn't thought of my internal. What if a disaster happened in my home? It became more relevant as I went through the steps, how really unprepared I was.

Cross fade to footage of the woman moving through her home. Cut back to footage of the woman speaking to camera.

Voiceover: So I wasn't even at number one because for me, it didn't exist. How do I do that first? What do I do first?

Cross fade to image of page from P-CEP Workbook. Onscreen text reads: page 23, P-CEP Workbook. Graphic onscreen of a timeline with the heading: How Prepared Are You? Text on timeline reads: 1. Haven't thought about it; 2. Thought about it but not yet acted; 3. Started to get organised; 4. Have taken actions to get ready; 5. Reviewed actions and told others.

Voiceover: So after a process of working through my wheel, identifying my strengths and my support needs was a big major thing, so that was a big process. I then started to think, OK, I have to take this in bite size pieces.

Cross fade to image of flow chart with illustrations accompanying following categories: Living Situation, Social Connectedness, Transportation, Assistive Technology, Management of Health, Personal Support, Communication, Assistance Animals. Text at centre of flow chart reads: What I do; Where I do it; Who I do it with.

Voiceover: I started to get all the technical stuff done, my medication was done.

Crossfade to illustrations accompanying the following headings: Assistive Technology, Management of Health.

Voiceover: So out of the diagram I came up with a suitcase idea that I have, just a little travel suitcase and I began to compile in that suitcase, with my brain, what I might need.

Cross fade back to footage of woman speaking to camera, cutting between this footage and footage of the woman in her wheelchair at home, picking up her suitcase.

Voiceover: So I began to get a little emergency kit up. Then from thinking about my kit and walking through this, I then realised that if I'm with a carer or a carer's with me and the emergency happens, how does she know or they know where my emergency kit is? Because I haven't told them. I haven't told anybody else I'm doing this. So I decided to contact my provider and organise a training day with my staff of five.

Footage cuts between the woman speaking to camera, and the woman preparing her emergency kit at home.

Voiceover: So we decided that would then be a plan that we had. So I developed my own little wheel and gave my provider a copy of my own little wheel so that it is now in their notes of where everything is in my home.

Footage of the woman looking over a pamphlet with a wheel diagram and showing it to another person. Cut back to footage of the woman speaking to camera.

Voiceover: Am I finished? No, I'm on my journey with my carers.

Footage of woman handling health equipment, moving through her home in her wheelchair.

Voiceover: I'm now on my journey with my community, I've got involved with some of the leadership in the community, and we're talking about how this affects different people in the community and how we can advise and help people understand this and get on the same sort of journey.

Footage of the woman talking and listening to people. Cut back to footage of the woman speaking to camera. Map of Australia appears around and encloses the footage of the woman speaking. Music plays in background.

Cross fade to footage of another woman speaking to camera, inside the map of Australia.

Voiceover: Getting ready with the information in my mind. If you have information in your mind, you know what to do.

Onscreen text reads: Esperance, Brisbane.

Cross fade to footage of another woman speaking to camera, inside the map of Australia.

Voiceover: We all have different kinds of needs. Because of our disability, we probably have learnt to think outside the square and think, how is this going to work? Because we have to, have to be prepared for all kinds of situations in our everyday life.

Onscreen text reads: Bev, Gold Coast.

Cross fade to footage of another woman speaking to camera, inside the map of Australia.

Voiceover: The way you prepare really does depend on your community. It's going to be different depending on where you are, it's not going to be out of the box. Each of us can use our strengths to just build up, a little bit by little bit.

Onscreen text reads: Nadia, Toowoomba.

Cross fade to credits screen. Music plays in background.

Text on screen: This project was proudly funded by the Queensland Government through the Queensland Disaster Resilience fund and the Department of Communities, Housing and Digital Economy.

Logo: Queensland Government Coat of Arms

Text on screen: It was led by The University of Sydney in partnership with the Queenslanders with Disability Network (QDN) and the Community Services Industry Alliance (CSIA).

Logos: The University of Sydney, QDN, CSIA

Text on screen: We wish to thank Bill Fuller for providing photos twitter.com/bilfulaAU

For more information please visit: www.collaborating4inclusion.org

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