

# Person-Centred Emergency Preparedness (P-CEP)

## Step 1: How do I manage my support needs everyday?



COMMUNICATION



MANAGEMENT OF HEALTH



ASSISTIVE TECHNOLOGY



PERSONAL SUPPORT



ASSISTANCE ANIMALS



TRANSPORTATION



LIVING SITUATION



SOCIAL CONNECTEDNESS

## Step 2: How prepared am I for emergencies?



Visit your Local Council for information on hazard risks in your community such as, flooding, bushfire, severe weather.

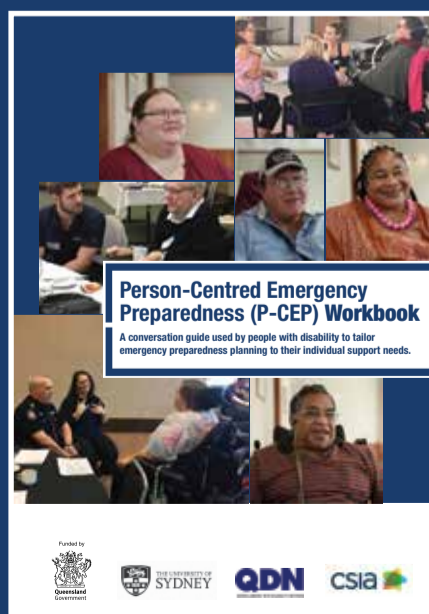
## Step 3: How will I manage my support needs in an emergency?

Think about how you would manage if you had to shelter-in-place (with or without power) or evacuate to a place of safety. Look at the P-CEP Workbook for tips on tailoring emergency preparedness to your support needs and situation.

## Step 4: Who will I talk with about my emergency plan?

Support from others is important. Make time to talk about the barriers to preparedness. Talk with people in your support network about what you need to get to the next stage of preparedness.

Start your  
P-CEP  
conversation  
today!



Download the workbook:  
[www.collaborating4inclusion.org/pcep/](http://www.collaborating4inclusion.org/pcep/)

